

14 June 2022

Dear parents and carers

Year 10 Geography Field Trip to Seaford

You'll have seen that we are expecting extra hot weather on Friday, for our Field Trip to Seaford Beach. Here in Redhill it is likely to reach up to 30 degrees. Whilst a little cooler at the coast around 25 degrees, there are still real health dangers if students are not prepared.

Please ensure that your young person.....

- Applies sun cream before leaving the house and brings some along for later too
- Has a hat with them that can prevent the sun getting onto their face and neck
- Considers bringing sun glasses
- Wears a T-shirt that covers their shoulders
- Brings sufficient water for the whole day
- Remembers their packed lunch
- Has a comfortable rucksack to carry all of this
- Wears comfortable trainers

Additionally, we may be lucky to catch the Ice Cream Van that is often on the seafront there, so a small amount of cash / coins could be useful.

Please contact me if you have any queries.

Kind regards

Mrs S Oakey
Head of Key Stage 4 Geography
soakey@carringtonschool.org

