

Beyond Carrington School - What's Next?

Post 16 Research Self Help Guide

In the autumn term of Year 11 you will be making your choices for what you would like to move on to when you leave Carrington School at the end of the school year. There are lots of choices to consider from a list of options including sixth form colleges, further education colleges, school sixth form and apprenticeships. In my presentations to you in the Summer Term of Year 10 and Autumn Term of Year 11, I have covered all the options available and explained the differences. You now need to think about which of these would be right for you and what courses/apprenticeships you should apply for. You will be provided with lots of information over the coming weeks, and I am available to answer any questions and help with decision making. To give you a start with this, I have put together this post 16 research self-help guide. It gives you points to consider, and over the page gives you useful websites that you could visit.

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Points to consider:

1. What are you good at, what do you enjoy?
2. Are you likely to meet the entry requirements for the courses you are looking at?
3. What can you do with this in the longer term? Find out more about the areas these courses might lead you towards.
4. Are there any subjects or subject combinations that give you more options in the future/make you more marketable/more useful together than on their own/ or will restrict your options if you haven't considered them?
5. If you have a particular job or area in mind at this stage, ensure that you can move in that direction but give yourself enough flexibility to do something else with your subjects if you change your mind. Most young people do not have a career or job plan at age 15 or 16 and those that do can sometimes get tunnel vision so the research is less about deciding on a job or career area and more about informing decisions at each stage and keeping your options open.

Useful websites:

icould : [Explore careers - icould](#) Practical guides on post-16 choices and real-life career videos giving personal insights into jobs and career paths by job type, theme or subject.

National Careers Service: <https://nationalcareersservice.direct.gov.uk/> Lots of useful information including job profiles, points to consider when choosing the subjects to study, and available options including apprenticeships. It also includes a search button to find courses in your area.

BBC Bitesize: [Careers - BBC Bitesize](#) Explore careers by job sectors. Check out the job profiles to help you get careers inspiration. Hear from people working in areas that interest you, see how much you could get paid for different roles and find out what qualifications you might need to follow in their footsteps.

Surrey County Council 'Youth Voice': [Your future - Surrey Youth Voice - Surrey County Council \(surreycc.gov.uk\)](#) A great place for general information on Post 16 education and training, apprenticeships and traineeships. It includes an interactive map on all the colleges, schools and training providers in the area.

Barclays Life Skills: [What job should I do – Wheel of Strengths | Barclays LifeSkills](#) Use the wheel of strength to discover which jobs could suit your skills, interests and personality traits.

NHS Careers: <https://www.healthcareers.nhs.uk/> The NHS is one of the largest employers both locally in Redhill and nationally. Find out about the wide range of careers available using this website.

University choices - UCAS: <http://www.ucas.com/> If you are thinking that university might be something you would consider post 18, you can find out what A level and BTEC subjects are required to gain entry onto specific courses on the UCAS (University College Admission System) website. The website [Informed Choices | Informed Choices](#) provides specific information about subject choices for top tier 'Russell Group' universities.

Apprenticeships: [The Apprenticeship Guide What is an Apprenticeship | Amazing Apprenticeships](#) An apprenticeship offers a mixture of on and off the job training and paid work. They can be a wide range of employment areas. It is the responsibility of the student to find an employer willing to offer an apprenticeship, but school can offer support with this. Opportunities often do not become available until after April, so it is a good idea to apply for a place at college as well to make sure that you have a back-up option.

T Levels [T Levels Resources For Teachers \(amazingapprenticeships.com\)](#) T Levels are a new career focused alternative to A Levels, they involve a combination of college learning and work placements. They are offered by Further Education Colleges such as East Surrey College.