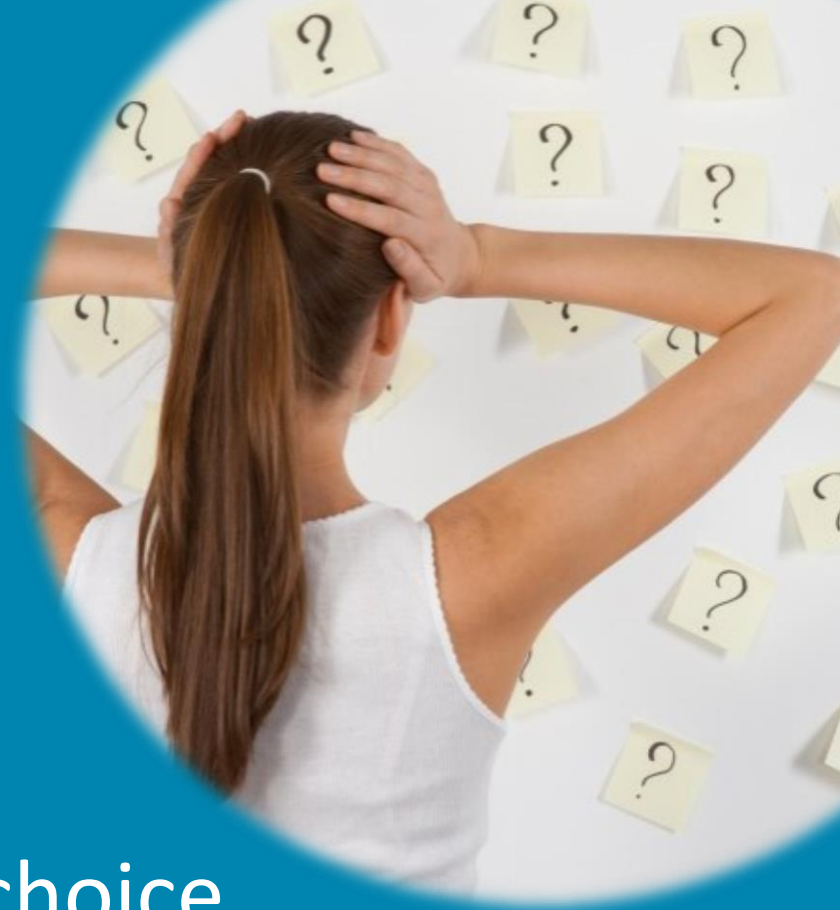


# Excellence Programme Spring Term 2024

The choices you make shape your future

# Choices

The importance of making the right choice



# Make Your Choice Count



Do you ever get fed up of always doing what you're told?

Do you ever wish you could choose the subjects you take at school?

**This is your time to choose something you want to do!**



Have you ever made a bad decision or poor life choice? If so, what did you do and what were the consequences?

What would you do differently next time?

SOMETIMES  
THE WRONG  
CHOICES BRING  
US TO THE  
RIGHT  
PLACES





Other  
adults

Teachers

Parents

Friends

Role  
Models

**Manage the big stuff** - It's very easy to get side-tracked by insignificant issues in life. If you spend a lot of time on trivial stuff, you won't have time to contemplate things that matter

**Values matter** - Make decisions that are consistent with your core beliefs and values. The alternative invariably leads to regret

**Learn from the past** - Learn from your experiences and the experiences of others. Identify situations where you've made a similar choice in the past. How can you apply those lessons learned to the existing situation?

**Know what you know and what you don't know** - Don't try to be an expert in everything. Seek advice when variables lie outside your comfort zone

**Keep the right perspective** - View an issue from every side. What do the facts say? What is your intuition telling you? Is your conscience trying to tell you something? Listen up

**Don't procrastinate** - You'll rarely have all the information that you need to make a "perfect" decision. So don't demand perfection

**Once you make a decision, don't look back, make it work** - Don't second-guess yourself. You can't relive the past. It's a waste of valuable time and energy



THINK  
ABOUT  
THINGS  
DIFFERENT

# Summary

- Life's not about checking an item off your to-do list or trying to impress others with how busy you are
- Life's about being content with where you've been, where you are now and where you're going
- It's about being proud of who you are, what you represent and the impact that you're having on others
- This begins and ends with the choices that you make

