

Reach
your

FULL PGL POTENTIAL



with our delicious menu

MONDAY

TUESDAY

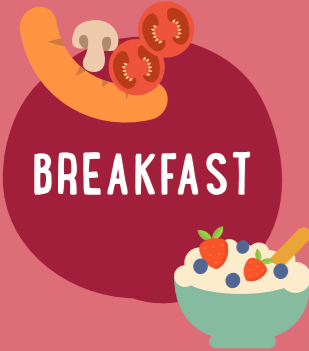
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

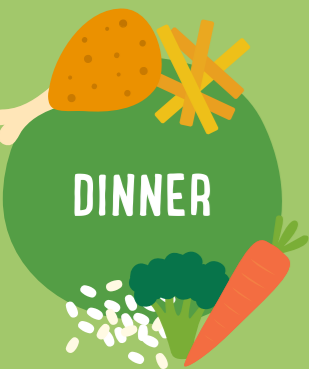


Bacon	Sausages	Sausages	Bacon	Sausages	Sausages	Bacon
Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)
Hash Browns	Hash Browns	Hash Browns	Hash Browns	Hash Browns	Hash Browns	Hash Browns
Mushrooms	Mushrooms	Mushrooms	Mushrooms	Mushrooms	Mushrooms	Mushrooms

Available every day: Selection of Cereals, Assorted Yoghurts, Bread Rolls, White or Brown Toast & Jam



Pizza	Hot Dogs	Pasta	Hot Sandwich	Burger	Fajitas	Sausage Rolls
Choices: Pepperoni	Choices: Pork Hot Dog	Choices: Pasta Bolognese	Choices: Ham & Cheese Panini	Choices: Beef Burger	Choices: Chicken	Choices: Jumbo Sausage Rolls
Margherita (ve)	Plant-based Hot Dog (ve)	Tomato & Basil Pasta (ve)	Plant-based Fish Finger Sandwich (ve)	Plant-based Burger (ve)	Plant-based Fajita (ve)	Plant-based Sausage Roll (ve)
Plant-based Margherita (ve)	Sides: Potato Wedges	Sides: Garlic Bread	Sides: Crisps	Sides: Curly Fries	Sides: Tortilla Chips	Sides: Peas Mashed Potato
Sides: Skinny Fries						



Bangers & Mash	Piri Piri Chicken	Chicken Curry	Pork Meatballs in Tomato Sauce	Fish & Chips	Sweet Chilli Chicken Chunks	Sweet & Sour Chicken
Chicken Fillets with a BBQ Sauce	Sausage Pasta Bake	Fishcakes	Chicken Kieff	Chicken Katsu Curry	Lasagne	Fish Fingers
Plant-based Bolognese (ve)	Plant-based Chicken Schnitzel (ve)	Chilli non Carne (ve)	Plant-based Meatballs in Tomato Sauce (ve)	Plant-based Fishless Fillet (ve)	Vegetable Curry (ve)	Plant-based Nuggets (ve)
Sides: Penne, Mashed Potato Sweetcorn, Carrots	Sides: Skinny Fries, Peas, Cauliflower	Sides: Rice, Potato Wedges, Broccoli, Carrots	Sides: Penne, Mashed Potato, Sweetcorn, Green Beans	Sides: Skinny Fries, Rice, Peas, Carrots	Sides: Rice, Garlic Bread, Country Veg	Sides: Curly Fries, Rice, Carrots, Green Beans
Doughnuts (v)	Fruit Muffin (ve)	Chocolate Crispy Cake (v)	Waffles (v)	Chocolate Eclairs (v)	Chocolate Muffin (ve)	Profiteroles (v)

Healthy Choices

Available daily

Fresh fruit

- every mealtime



Unlimited salad

- from our salad bar, lunch & dinner

Unlimited Drinks

Coffee, tea, chilled squash

Dietary & Allergens

We can cater for a wide variety of food requirements when notified in advance, including allergies, intolerances, medical conditions, and those specified by culture and religion.

It may not always be possible to cater for more specific diets such as weight management programmes, organic etc.

Some of our dishes contain ingredients that are produced in a factory which handles nuts - please ask us for more information.

This menu applies to weeks commencing:
6/06, 20/06, 4/07, 18/07, 1/08, 15/08, 29/08,
12/09, 26/09, 10/10, 24/10, 7/11, 21/11, 5/12, 19/12

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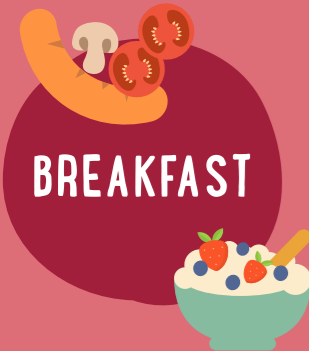
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



Bacon Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Bacon Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Sausages Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms	Bacon Baked Beans Vegan Cumberland (ve) Hash Browns Mushrooms
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Available every day: Selection of Cereals, Assorted Yoghurts, Bread Rolls, White or Brown Toast & Jam



Pizza Choices: Pepperoni Margherita (v) Plant-based Margherita (ve) Sides: Skinny Fries	Hot Dogs Choices: Pork Hot Dog Plant-based Hot Dog (ve) Sides: Potato Wedges	Pasta Choices: Pasta Bolognese Tomato & Basil Pasta (ve) Sides: Garlic Bread	Hot Sandwich Choices: Ham & Cheese Panini Plant-based Fish Finger Sandwich (ve) Sides: Crisps	Burger Choices: Beef Burger Plant-based Burger (ve) Sides: Curly Fries	Fajitas Choices: Chicken Plant-based Fajita (ve) Sides: Tortilla Chips	Sausage Rolls Choices: Jumbo Sausage Rolls Plant-based Sausage Roll (ve) Sides: Peas Mashed Potato
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Bangers & Mash Chicken Kiev Plant-based Bolognese (ve) Sides: Penne, Mashed Potato Sweetcorn, Carrots Doughnuts (v)	Piri Piri Chicken Tuna Pasta Bake Plant-based Chicken Schnitzel (ve) Sides: Skinny Fries, Peas, Cauliflower Fruit Muffin (ve)	Chicken Katsu Curry Fishcakes Chilli non Carne (ve) Sides: Rice, Potato Wedges, Broccoli, Carrots Chocolate Crispy Cake (v)	Pork Meatballs in Tomato Sauce Fried Chicken Plant-based Meatballs in Tomato Sauce (ve) Sides: Penne, Mashed Potato, Sweetcorn, Green Beans Waffles (v)	Fish & Chips Chicken Curry Plant-based Fishless Fillet (ve) Sides: Skinny Fries, Rice, Peas, Carrots Chocolate Eclairs (v)	BBQ Chicken Chunks Lasagne Vegetable Curry (ve) Sides: Rice, Curly Fries, Garlic Bread, Country Veg Chocolate Muffin (ve)	Bacon Mac 'n' Cheese Fish Fingers Plant-based Nuggets (ve) Sides: Potato Wedges, Carrots, Green Beans Profiteroles (v)
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Healthy Choices

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Fresh fruit

- every mealtime



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Unlimited Drinks

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This menu applies to weeks commencing:
13/06, 27/06, 11/07, 25/07, 8/08, 22/08, 5/09, 19/09,
3/10, 17/10, 31/10, 14/11, 28/11, 12/12, 26/12