

Year 9 Adventure Bude

Monday 2 May – Friday 6 May 2022

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(Trip Lead)

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Year 9 Adventure Bude

- Arrival Date and Time: Monday 2 May 2022 @ c.17:00
- Departure Date and Time: Friday 6 May 2022 – time TBC
- Staff Ratios - Male : Female: 2:2 (AAK, RMA, JHA, fourth member of staff TBC)
- Age range of students: Year 9 (13/14 yo)
- Do you require 1 or 2 activities on Friday: TBC, likely 2
- (1st activity runs from 9am - 11am; 2nd activity runs from 11am - 1pm)
- Coach Company: SMC Coach Hire



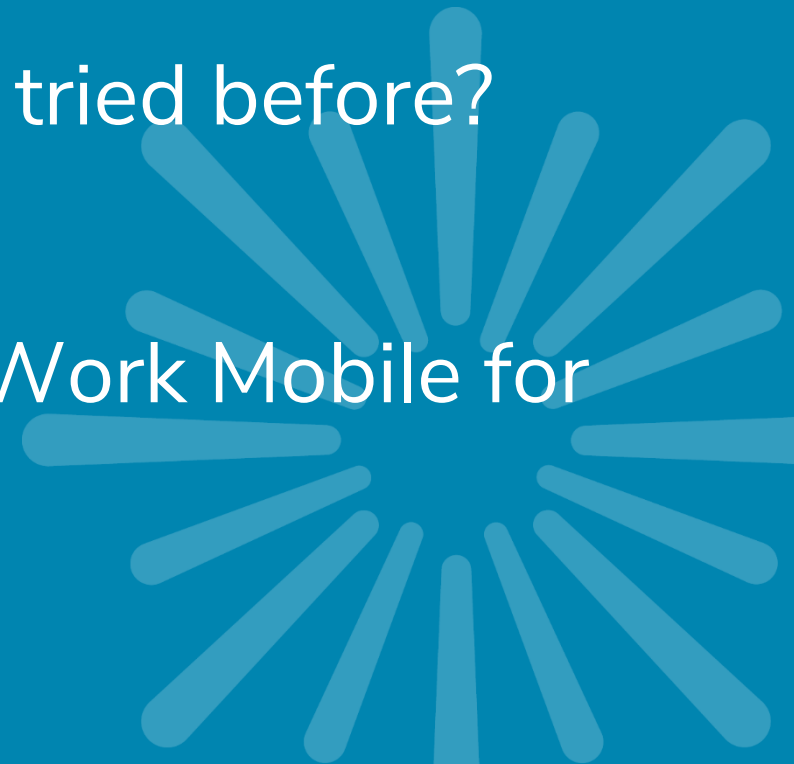
Monday 2 May 2022

- Details to be communicated closer to the time
- Meet at school – c. 11:00
- Coach pick up – one bag per student, and one back pack – students need to be able to carry this themselves
- Snacks / food for journey / plenty of water
- Ideally books / magazines – mobile phones are not allowed in buildings / on the premises at Adventure Bude



Year 9 Adventure Bude

- Anxieties about being away from home?
- Involvement in activities – worries / never tried before?
- Communication home – AAK will have a Work Mobile for emergencies



Friday 6 May 2022

- Details to be communicated closer to the time
- Arrival back at school – c. 17:00
- Updates will be provided



Parent Pack

- Available on Adventure Bude website and linked in recent letter
- [AdventureBude-ParentsInformation.pdf](#)



Our Values

ASPIRE



We pursue excellence
We believe in ourselves
We are ambitious
We persevere

INNOVATE



We are curious and creative
learners
We are courageous
We show initiative and
embrace change
We work collaboratively

RESPECT

We are kind to ourselves
and others
We take responsibility
We celebrate diversity
We care for our environment

Expectations

- ‘Send Home’ Policy – if one of five rules below are broken – this will be the centre’s decision

1	No anti-social behaviour
2	No bringing or using mobile phones on to the premises.
3	No leaving the Centre unsupervised.
4	No girls in boy’s room or vice versa.
5	No students allowed in other schools allocated areas.



Typical Daily Schedule

Daily Routine
Morning Run / Swim
Breakfast & Free time
Morning Activity
Lunch & Free time
Afternoon Activity
Tutor Meet
Evening Activity
Evening Meal & Free time
Evening Entertainments
Bedtime & Through the Night

Day	Morning Activity	Meal	A.M. Activity	Meal	P.M. Activity	Meal	Evening Entertainments	
Sunday	[Greyed out]						Meet Tutor Tour Centre	Meet & Mix Disco
Monday	Run	Breakfast - See sample menu	Surfing	Lunch - See Sample Menu	Kayaking	Evening Meal - See Sample Menu	Karaoke	Parachute Games
Tuesday	Swim		Mountain Boarding		Canoeing		Fancy Dress Disco	Tug of War
Wednesday	Run		Climbing		High Ropes		Talent Night Disco	Five a Side Football
Thursday	Swim		Team Trail		Body Boarding		Presentation Evening	
Friday	[Greyed out]		Caving		Mountain Biking		Depart	



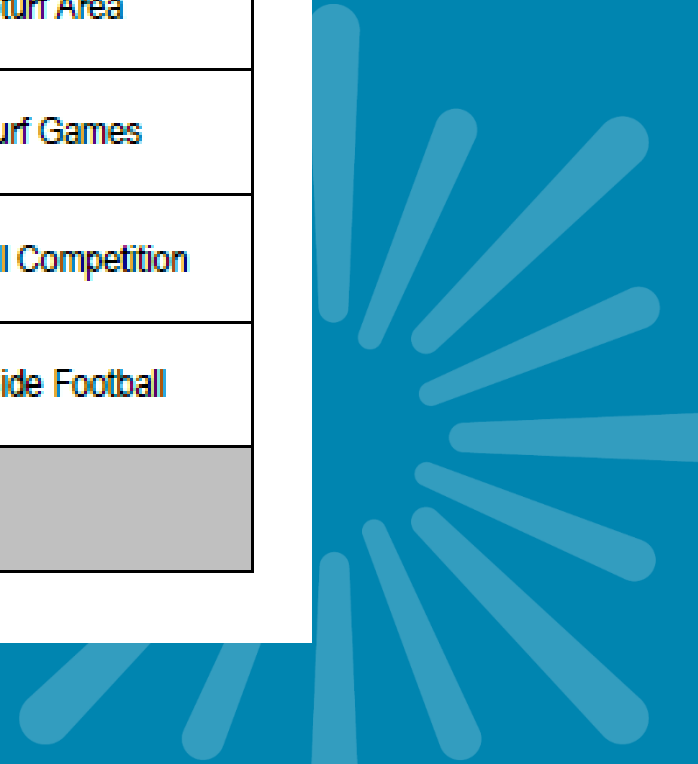
Activities

- Abseiling
- Team Trail
- Caving / Tunnel Trail
- Climbing
- High Ropes
- Mountain Boarding
- Mountain Biking
- Walking / Orienteering
- Body Boarding
- Kayaking
- Canoeing
- Surfing
- Beach Games



Evening Entertainment

Day	Time	Evening Entertainment	
		Indoor	Outside
Sunday	8:30 p.m. – 10:00 p.m.	Meet & Mix Disco	Astroturf Area
Monday	7:15 p.m. – 9:30 p.m.	Karaoke	Astroturf Games
Tuesday	7:15 p.m. – 9:30 p.m.	Fancy Dress	Basketball Competition
Wednesday	7:15 p.m. – 9:30 p.m.	Talent Night	Five a Side Football
Thursday	7:15 p.m. – 9:30 p.m.	Presentation Night	



Food

- Full English Breakfast
- Croissants / pastries
- Cereal / Toast
- Fish Fingers / Nuggets / Chips / Peas / Salad
- Pasta / Hot Dogs / Sausage Roll / Quiche / Kiev / Burgers / Pizza
- Desserts / Juice



Shopping

- Can visit local town at Carrington's discretion – we will complete a Risk Assessment regarding this
- This will happen in the first three days, on one afternoon



Medical Needs

- Medication to be handed in on arrival – everything needed must be brought with students
- Asthma Inhalers and Epi-pens (if required) must be taken on ALL activities
- Medication dispensed by Carrington staff



Health and Safety

- Professional health and safety company visit throughout the year to check standards – fully compliant
- Annual Fire Risk Assessment
- Excellent record- high standards
- Proud holders of the Adventure Mark Award and Learning Outside of the Classroom quality Badge
- High quality Instructor Training



Packing

- Pack for suitable weather
- No short shorts
- Only T-shirts
- Sensible footwear
- Hat / sunscreen
- Water bottle
- No jewellery
- Carrington Staff will model this



Packing

Abseiling & Climbing

Warm comfortable clothing.

Sensible footwear – trainers or boots.

Evening Activities

Warm comfortable clothing, shorts (not short shorts) when hot

Sensible footwear with full length socks.

Body Boarding

Swimwear & towel, loose clothing for before & after.

Trainers to get wet or wet shoes.

Canoeing

Warm comfortable clothing to get wet, shorts (not short shorts) when hot.

Trainers to get wet or wet shoes.

Caving

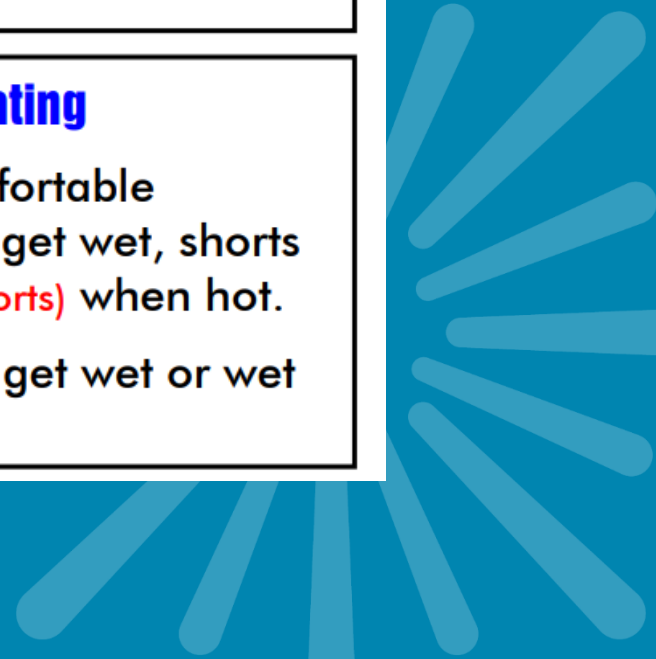
Lightweight clothing to go under a boiler suit. Long trousers & sleeves

Sensible footwear with full length socks.

Dragon Boating

Warm comfortable clothing to get wet, shorts (not short shorts) when hot.

Trainers to get wet or wet shoes.



Packing

High Ropes

Warm comfortable clothing.

Sensible footwear – trainers or boots.

Kayaking

Warm comfortable clothing to get wet, shorts (**not short shorts**) when hot.

Trainers to get wet or wet shoes.

Mountain Biking

OLD clothing **MUST** have Long trousers & **full length** socks

Sensible footwear – trainers or boots.

Mountain Board

OLD clothing **MUST** have Long trousers & **full length** socks

Sensible footwear – trainers or boots.

Surfing

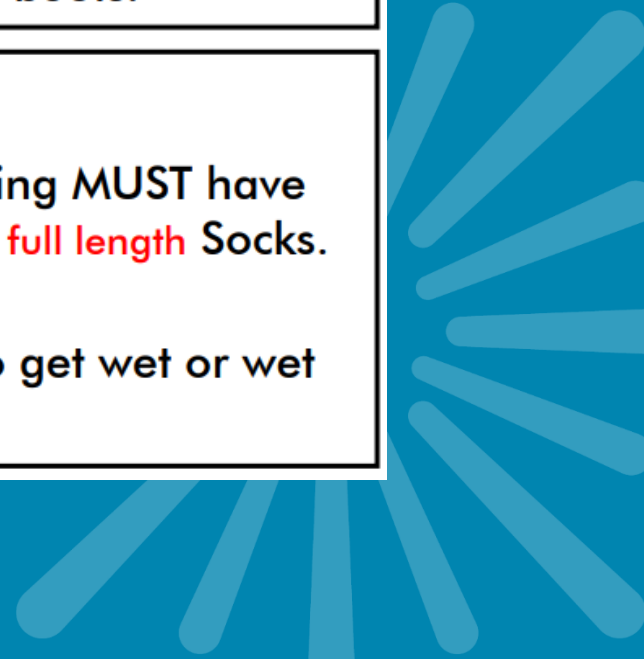
Swimwear & towel, light clothing for before & after.

Trainers to get wet or wet shoes.

Team Trail

OLD clothing **MUST** have trousers & **full length** Socks.

Trainers to get wet or wet shoes.



Duty Staff

- Adventure Bude staff on duty until 23:00 around the site; in the duty room though the night; and a senior member of staff available for emergencies
- Carrington School staff on duty each evening as well; and in dining room during evening meal





Any questions?