

22 March 2022

Dear parents and carers

Warmer Weather PE Lessons Health & Safety Reminders

Now the warmer weather is beginning, we would like to remind parents and students about the good practice for staying healthy and safe in PE lessons, especially as many of them have double lessons and may therefore be outside for up to 90 minutes.

- All students should bring a water bottle to school, which should be filled before the start of the lesson
- Sunscreen should be applied in the morning of a day that has a PE lesson, where appropriate
- Students may wear a cap to keep the sun off their heads, but this must be a plain colour with no logos or designs

Thank you for your support, this information is also being emailed to students directly.

Best wishes
The Carrington PE Teachers

