



# Online safety

What is it?

What are the risks?

How do I keep my child(ren) safe?

How do I report concerns?

Where can I get information?

# Online safety

- Utilising information and communication technologies in a safe and responsible way.

**or**

- Awareness and ability to remain safe and act responsibly when using e-mail, internet, apps, smart phones, games consoles and any online method of communication.

# Some methods of communication

- Facebook
- Twitter
- Tumblr
- Snapchat
- Instagram
- WhatsApp
- Youtube
- Anonymous chat apps
- Games consoles and online gaming sites e.g. steam



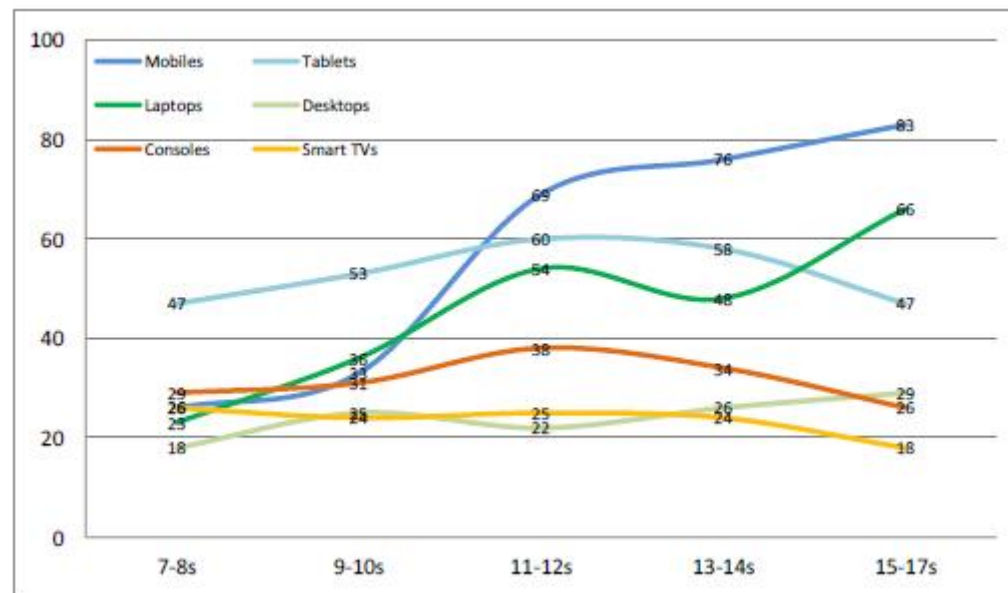
# Potential risks

- Bullying by peers and people you consider “friends”.
- Posting personal information that could identify you.
- Sexual grooming, luring , exploitation and abuse by strangers.
- Exposure to inappropriate content.
- Exposure to racist or hate material.
- Encouragement of violent behaviour, such as ‘happy slapping’.
- Glorifying activities such as drug taking or excessive drinking.
- Risk of physical harm in making video content.
- Running away from home as a result of contacts made online.
- Radicalisation and exposure to extremist views.

# Devices

Through secondary school mobile phones and laptops become the most popular devices for accessing the internet.

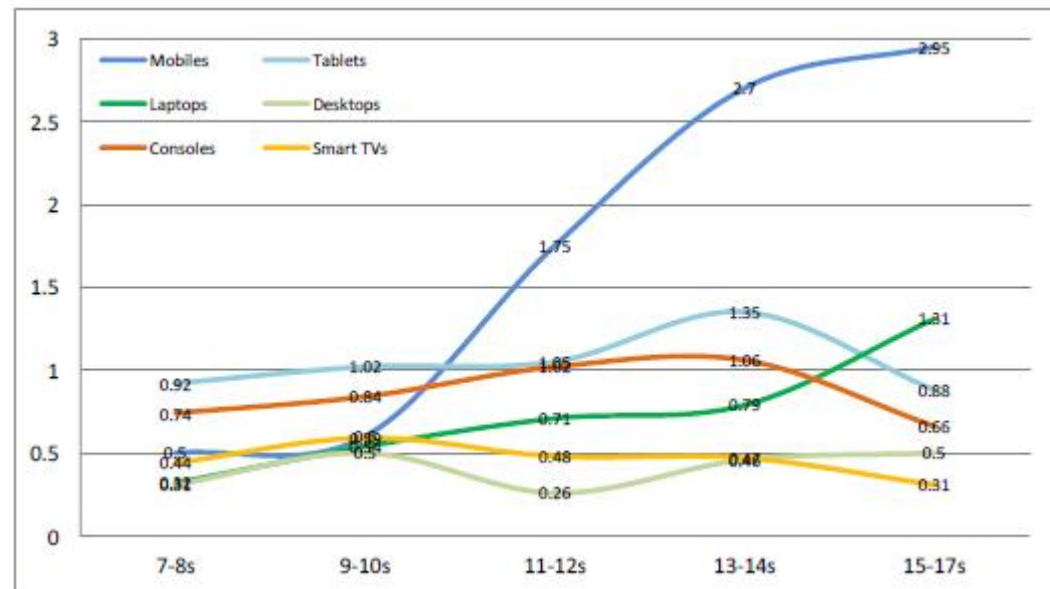
69% of 11-12 year olds use a mobile phone, compared to 83% of 15-17 year olds.



Source; pace of change report 2015

# Time spent online

- Children between the age of 7 and 17 claim to spend twice as long online as their parents.
- Children using mobile phones and games console spend, on average, approximately 3 hours per day online.
- Girls device of choice is a mobile phone.
- Boys spend longer than girls on other devices.



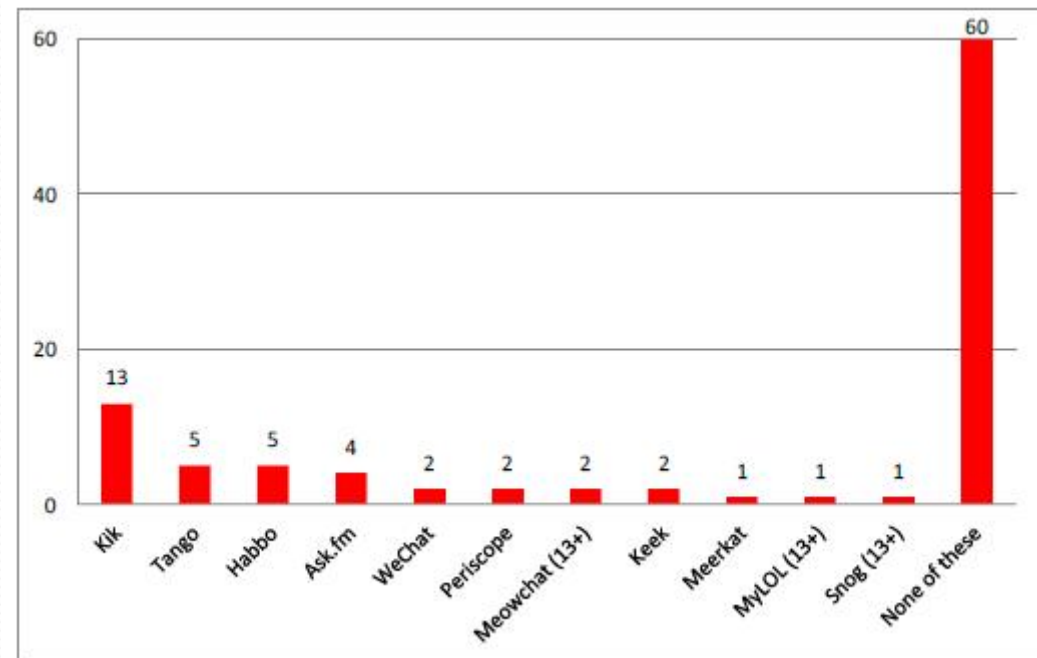
Source; pace of change report 2015

# Reasons for going online

- The most popular reasons for children to go online on a normal day are;
  1. Using a social networking site (2.8 hours)
  2. Listening to music (2.4 hours)
  3. Playing games (2.3 hours)
  4. Messaging friends / family (2.3 hours)
  5. Watching video clips (2.1 hours)
- 62% of 11 year olds and 69% of 12 year olds have a facebook profile
- 4 out of 10 children remove privacy settings to attract more friends or followers.
- On average children attract 100 followers to every one of their profiles – yet six out of 10 of them are not real friends.
- Children as young as 11 post an average of 26 times a day.

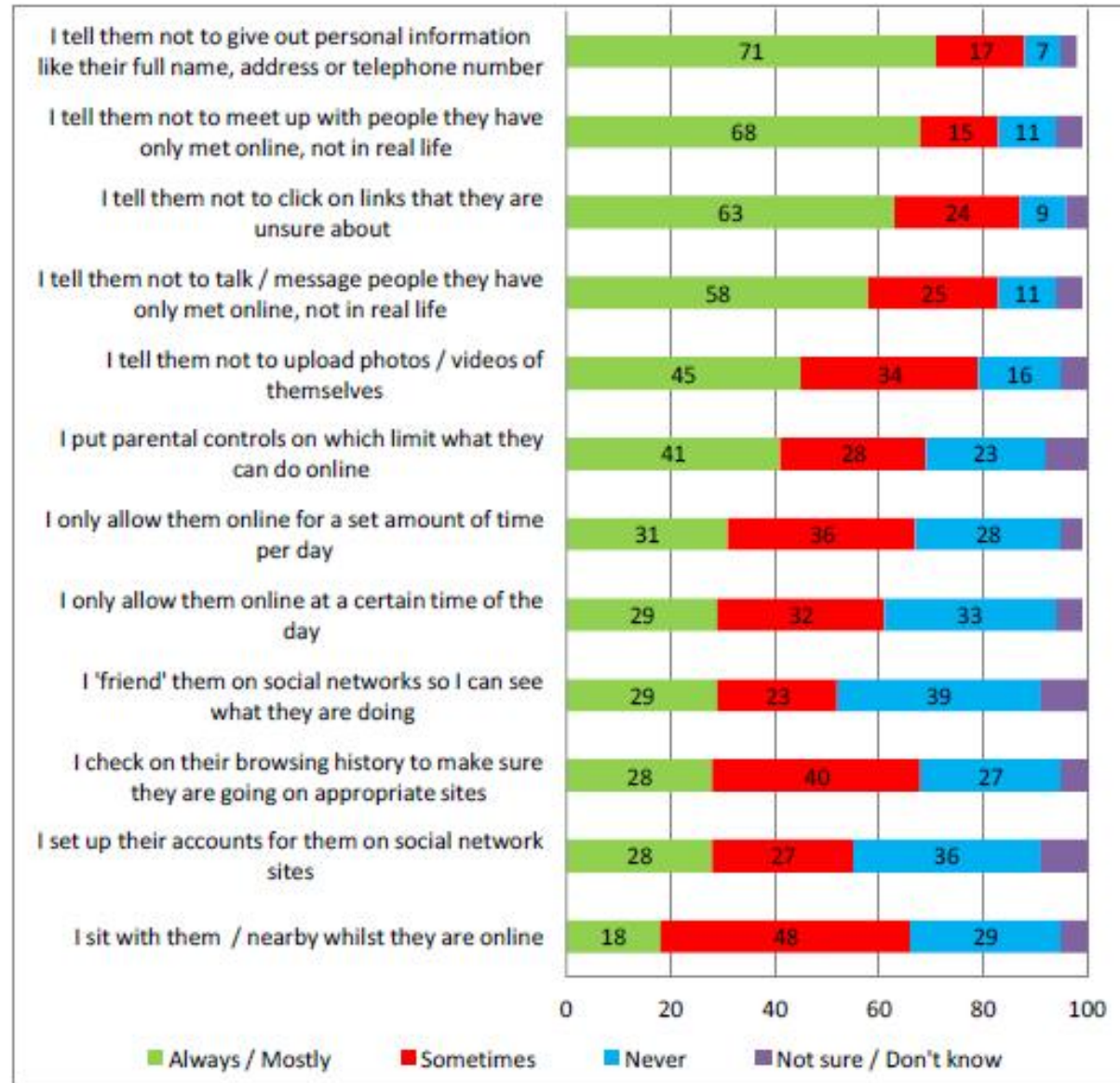
# Websites and apps used

- Facebook (60%), Instagram (56%) and snapchat (58%) are the most popular social networks
- You tube is the most popular website (83% of children)
- 40% of children have used a “riskier” app.
- The most popular of these is Kik messenger.

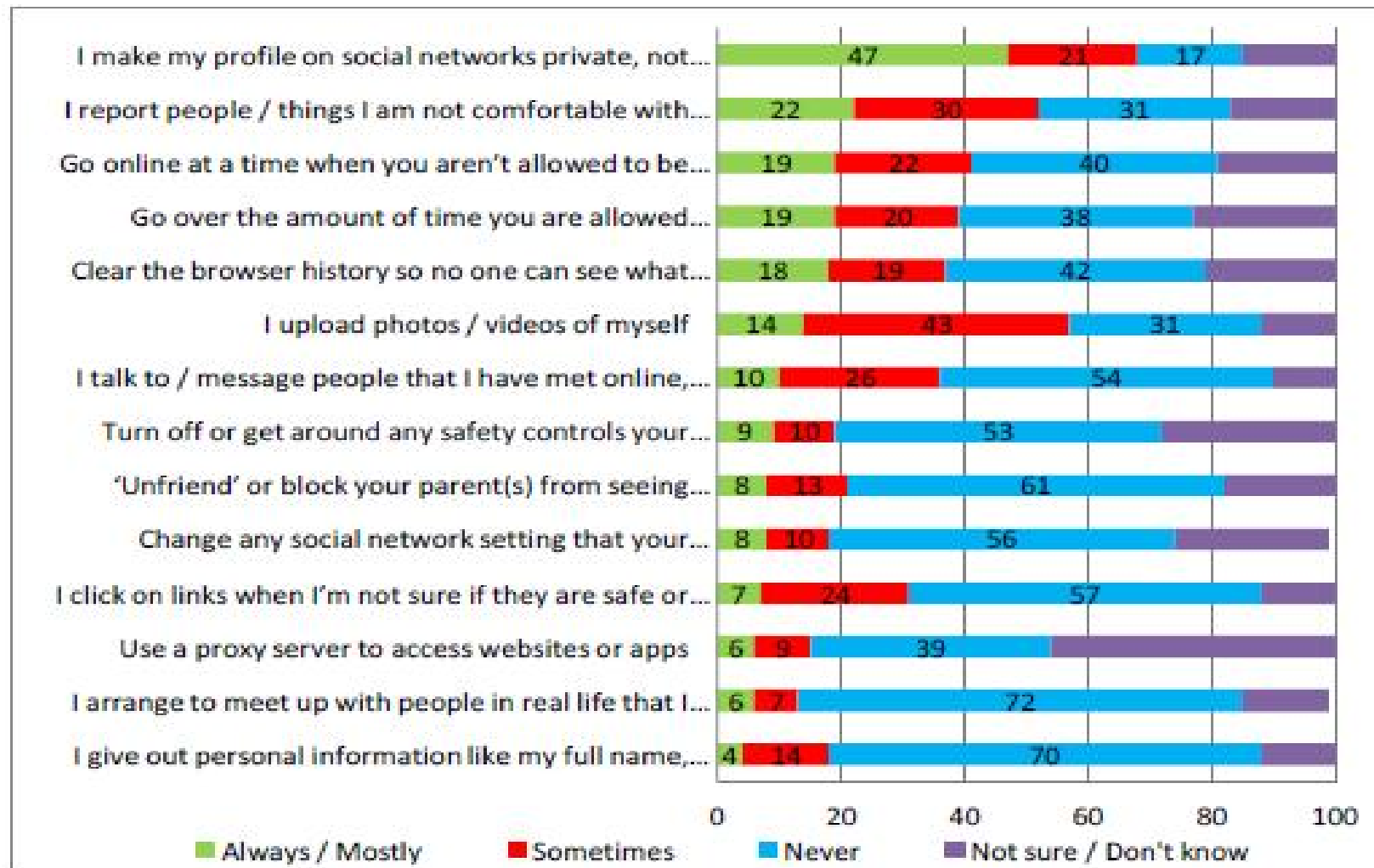




# Approaches to keep children safe online

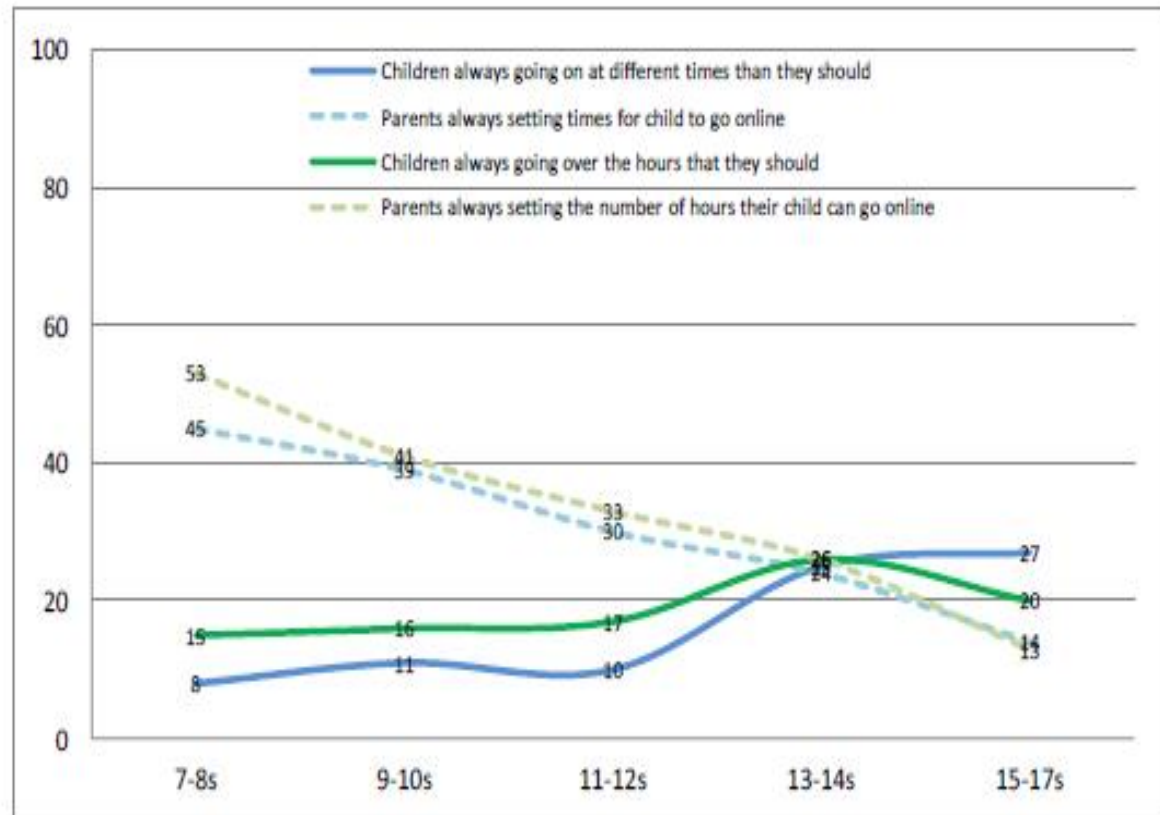


# What children do online



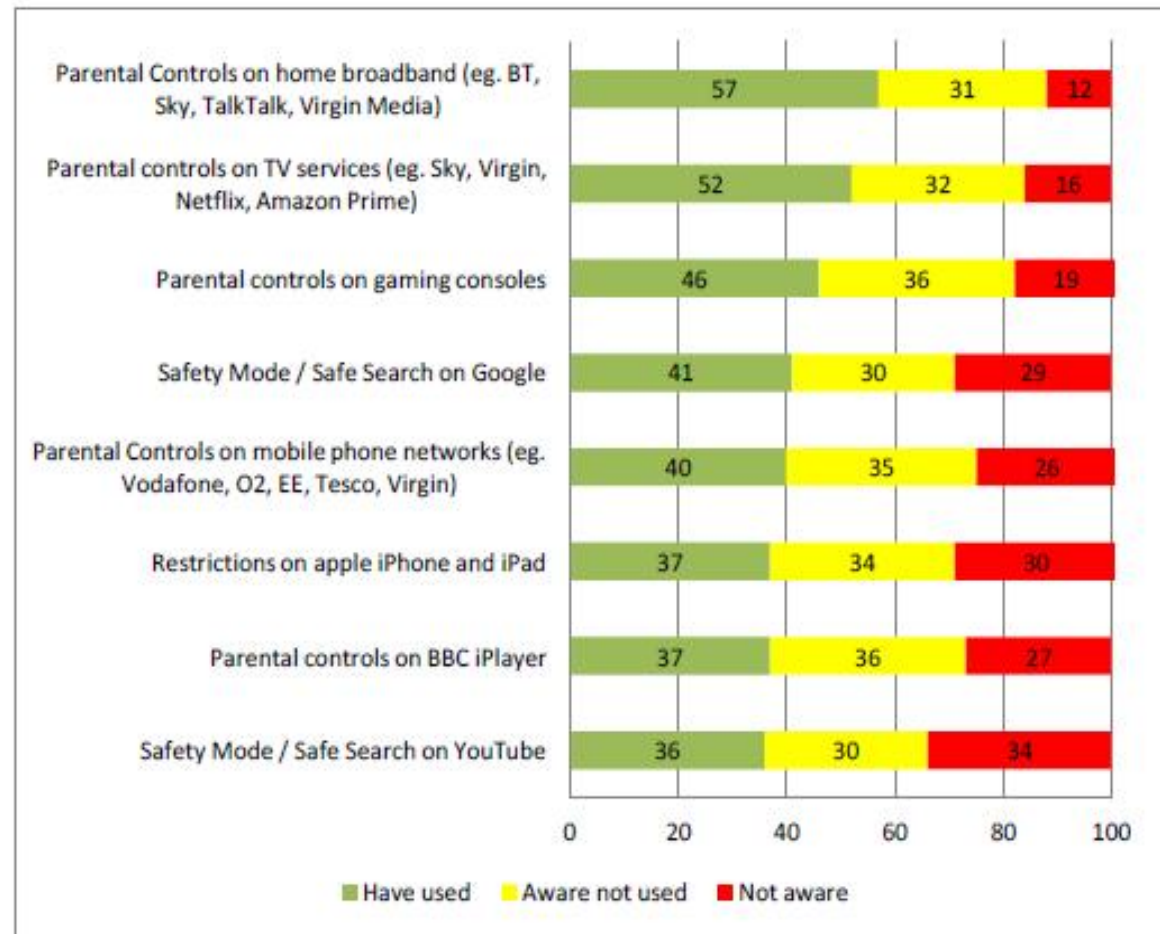
# How behaviours change with age

- As children get older they are more likely to disregard set times for internet use and time limits.
- Boys are more likely than girls to disobey restrictions.



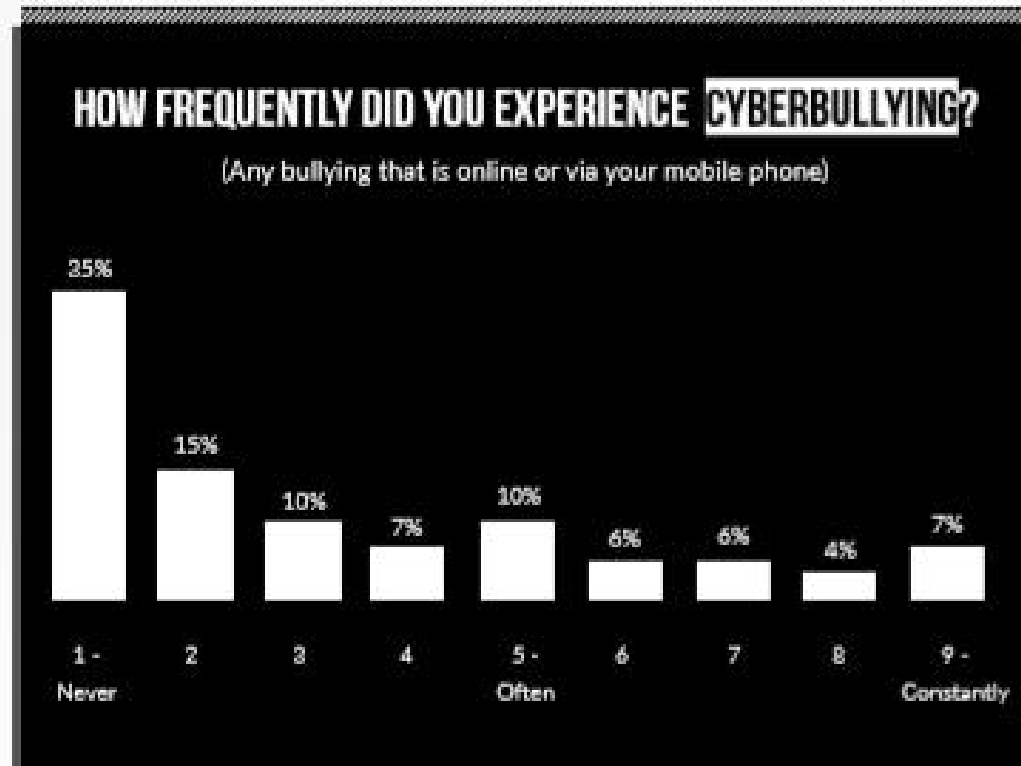
# Parental controls

- Awareness amongst parents is high.
- Around half of parents use parental controls of some sort.



# Cyberbullying

- Children experience more cyberbullying as they move through secondary school
- Children can find it easier to write online than talk face to face.
- This can be people they know; friendship issues, boyfriend / girlfriend issues or social media misunderstanding.
- This can be unknown people, for example through online gaming.



# Access to inappropriate content

- 48% of 11-16 year olds have seen pornography online.
- 7% of 11-16 year olds have shared a naked or semi naked image of themselves.
- More boys than girls choose to view pornography.
- Behaviours can include;  
developmentally inappropriate use of pornography  
sexual harassment  
grooming  
sending sexual texts, including sexting without images  
exposing other children and young people to pornography.

# Online grooming 1

- All children can be at risk of sexual exploitation when going online and interacting with strangers, even if they have a supportive home environment.
- What starts as an innocent and harmless chat with a 'friend', can very quickly develop into a dangerous relationship with devastating consequences.
- The word 'grooming' is used to describe the process that abusive adults use to trick a child or young person into believing they are trustworthy so that they can eventually sexually exploit them.
- The different stages of grooming – targeting, friendship forming, loving relationship and abusive relationship – can progress very quickly online and not all stages, such as the loving relationship, may take place.

# Online grooming 2

- Grooming is most prevalent for 14-17 year olds. (From the Barnado's online grooming survey 2016)
- Almost half of children groomed online were exploited by more than one perpetrator. This can include instances where children are groomed online, go on to meet the person who groomed them and be sexually exploited by them and others.
- Children were also exploited through the use of technology in other ways. This included sexting, peer exploitation, exchange of films/ photographs, encouragement to self-harm, encouragement to engage in harmful sexual behaviour, and sexual role play through animated profiles or online gaming.



# What is illegal?

The following types of content may be classified as illegal:

- footage of real or simulated violence, criminal activity or accidents from video clips, games or films
- sexually explicit content
- images of child sexual abuse
- content that advocates the doing of a terrorist act
- content instructing or promoting crime or violence.

# Prohibited actions

- Make prohibited material or permit prohibited material to be made
- Distribute prohibited material
- Have in possession prohibited material with a view of having it distributed or shown
- Publish, or cause to be published, advertisement about distribution of prohibited material



# Dealing with offensive material

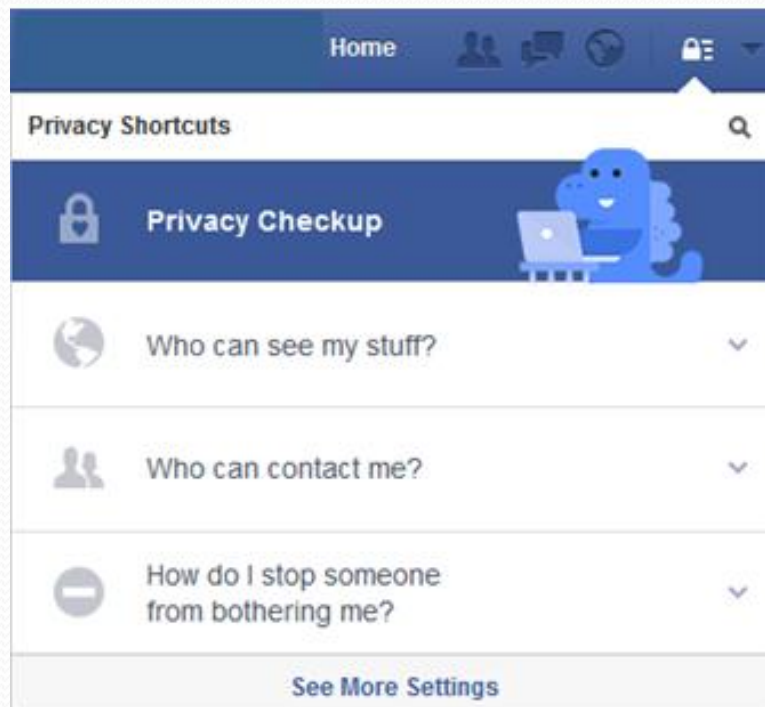
**If you see online content that you think is offensive there are number of easy ways to deal with it:**

- **close the page straight away, hit control-alt-delete and choose to close the window if the site does not allow you to exit**
- **use a filter or other tool to block adult content, and use safe search settings in your browser**
- **report offensive content to the site using their reporting tool**
- **A chain voicemail message is being sent to students currently containing some nasty consequences if it is not sent onto multiple friends, these have previously been in the form of email and text messages**
- **talk to someone you trust if you have seen something that has shocked or upset you**

# Respecting privacy things to think about

- Should I post, copy or send this image? comment or respond? will it hurt, upset others or lead to negative consequences?
- Are my privacy settings set so that I am only sharing information with people I trust?
- Think carefully about the photos you choose to share online; do they give away a lot of information (e.g. a picture of you in your school uniform)? Also keep in mind that photos can be easily copied, changed or shared.

# Privacy settings



## How to protect your Tweets:

1. Go to your [Security and privacy settings](#).
2. Scroll down to the **Tweet privacy** section and check the box next to **Protect my Tweets**.
3. Click the blue **Save** button at the bottom of the page. You will be prompted to enter your password to confirm the change.

Tweet privacy  **Protect my Tweets**

If selected, only those you approve will receive your Tweets. Your future Tweets will not be available publicly. Tweets posted previously may still be publicly visible in some places. [Learn more](#).

# Privacy settings



Personal info

**Security**

Language

Data tools

Account history

Help

Congratulations, your security settings are up to date!

Thanks for keeping your Google Account secure.



? Complete your recovery information

✓ Recent activity checked

✓ Account permissions checked

[Continue to account settings](#)

# Privacy settings



PS3  
Network

## PlayStation Network Privacy settings

You can manage how people contact you on PlayStation Network.

[Privacy Settings] is a feature under PlayStation®Network > [Account Management]. You can set the range for receiving friend requests or messages.

### Receive Friend Requests

- Anyone
- Friends of Friends
- No One

### Receive Messages

- Anyone
- Friends Only
- No One



## Manage your own privacy and online safety on Xbox.com

If you own both an Xbox One and an Xbox 360, we recommend that you manage your settings online.

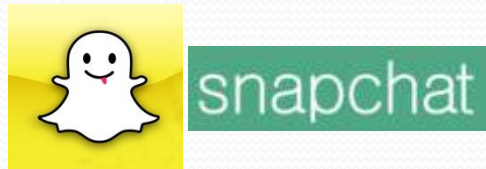
When you manage settings online, it's easier for you to see which are available on both consoles and which are limited to one console or the other.

For example, content restrictions for Xbox One are managed at the profile level and can be changed online. But on Xbox 360, they are located on the console itself and therefore must be changed on the console.

Where the consoles share the same privacy and security settings, you can make the changes online and apply those changes to both consoles. To manage your privacy and online safety on Xbox.com, follow these steps:

1. Sign in to [My Account](#) on Xbox.com.
2. Review and modify the current settings for both the Xbox One and Xbox 360.
3. If a setting is available on both consoles, you can select whether you want it applied to one or both consoles.
4. If a setting is only available on one console, you can apply it only to that console.

# Privacy settings



## How to Edit Your Privacy Settings

Snapchat has two privacy settings, one for who can send you Snaps and another for who can see your Stories.

For Who Can Send Me Snaps, you have two privacy options: "Everyone" and "My Friends."

For Who Can View My Story, you have three privacy options: "Everyone," "My Friends," and "Custom."

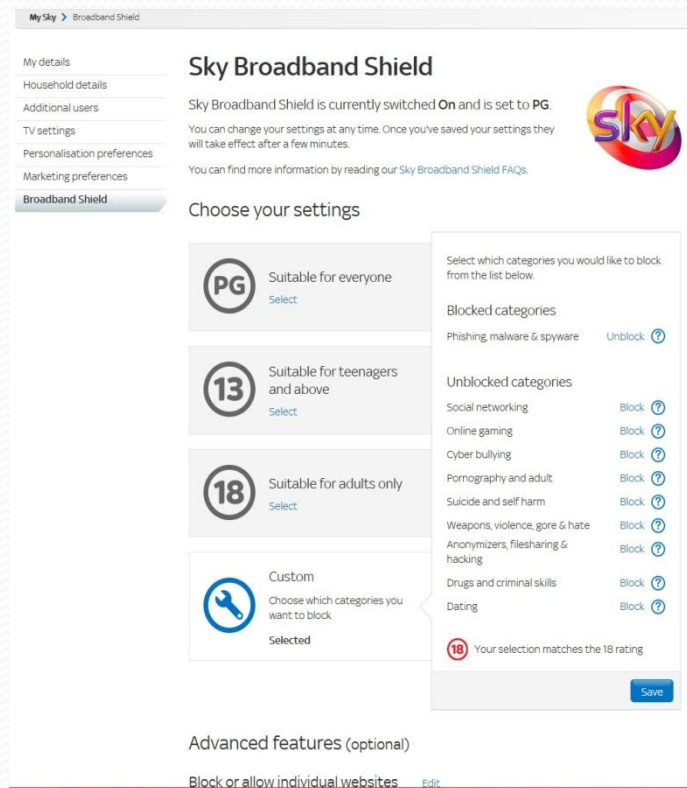
By default, only users you add to your friends list can send you Snaps. If a Snapchatter you haven't added as a friend tries to send you a Snap, you'll receive a notification that they added you, but you will not receive the Snap they sent unless you add them to your friends list.



# Turn off location sharing

- For example; Snapchat 'Ghost Mode'
- When in photo-taking mode, pinch the screen to open your Snap
- Tap the settings cog in the right-hand corner of the screen
- Tap Ghost Mode to switch off location sharing
- Also with KiK, What'sApp and Xbox

# Setting parental controls - broadband



**My Sky > Broadband Shield**

**Sky Broadband Shield**

Sky Broadband Shield is currently switched **On** and is set to **PG**.  
You can change your settings at any time. Once you've saved your settings they will take effect after a few minutes.  
You can find more information by reading our [Sky Broadband Shield FAQs](#).

**Choose your settings**

**PG** Suitable for everyone  
Select

**13** Suitable for teenagers and above  
Select

**18** Suitable for adults only  
Select

**Custom** Choose which categories you want to block  
Selected

Select which categories you would like to block from the list below.

**Blocked categories**

- Phishing, malware & spyware  Unblock ?

**Unblocked categories**

- Social networking  Block ?
- Online gaming  Block ?
- Cyber bullying  Block ?
- Pornography and adult  Block ?
- Suicide and self harm  Block ?
- Weapons, violence, gore & hate  Block ?
- Anonymizers, flesharing & hacking  Block ?
- Drugs and criminal skills  Block ?
- Dating  Block ?

**18** Your selection matches the 18 rating

**Advanced features (optional)**



**Virgin Broadband PCguard**

PCguard View Help

**Parental Control**

Enable Parental Control  [Visit the Parental Control Centre](#)

Active user:

Tip: To switch users quickly, right-click the Parental Control icon located in the system tray of the Windows taskbar.

**Manage Users**  
Create, delete and modify users.

**Web Site Categories**  
Block web sites based on content categories.

**Allow/Block Web Sites**  
Allow or block individual web sites (overrides Web Site Categories).

**Restricted Programs**  
Block Internet access for individual or groups of programs.

**Schedule**  
Plan the Internet access.

**View Logs**  
View the logs of sites that have been blocked or visited.

**My Services**

- Anti-Virus
- Firewall
- Anti-Spyware
- Identity Theft Protection
- Parental Control**
- Pop-Up Blocker
- Privacy Manager
- General

**Other Services**

- Home
- Support

# Setting parental controls - broadband

The screenshot shows the BT Parental Controls website. On the left is a navigation menu under 'Broadband Features' with items: Overview, Upgrade your BT Broadband, Get BT Sport, Add BT TV, BT Home Hub router, Your Broadband Speed, Your Broadband Usage, Your free BT Wi-fi, BT NetProtect Plus, **BT Parental Controls** (highlighted), Set up your BT Cloud online storage, Your free BT email, and Get Expert IT Help. The main content area has a green header 'Introducing the new BT Parental Controls' with a BT Home Hub router and a shield icon. Below the header is a text block: 'BT Parental Controls is a new service that allows you to stay in control of what your family accesses on the internet and it's FREE for all BT Broadband and BT Infinity customers. Just log in to My BT to get started.' Below this is a button 'Log in to Activate Parental Controls' and a link 'or sign up for a BT ID >'. The next section is 'Protection anywhere in the home' with a house icon and text: 'BT Parental Controls applies to any device connecting to your home hub - giving you peace of mind that no matter where the children are in your home, they are protected by the filters you have set up.' Below this is 'Peace of mind on the go' with a laptop and smartphone icon and text: 'BT Parental Controls also applies if you connect to any of BT's 5 million UK wi-fi hotspots using your BT ID.' The final section is 'Completely customisable' with a gear icon and text: 'Set your filter level so it suits your family. To get you started BT has created 3 pre-defined filter levels - strict, moderate and light. You can also'.

- If in doubt contact your broadband provider

# Setting parental controls

- Mobile Phone Parental Controls are generally already in place.
- O2, EE, Orange and T-Mobile ask you to either go in-store with an official photo ID, like your passport or driving licence.
- Or you complete a credit card age verification check using an online form to view content.

## CONTENT LOCK - CHANGE MY SETTINGS

EE

Orange

T-Mobile

### What is Content Lock?

Content Lock from EE can help to keep you and your children safe when online.

We have three settings - so you can choose exactly what level of security you'd like. All new accounts have **Moderate** applied by default.

**Moderate** – With the Moderate setting you have access to social networking sites but not 18-rated content in accordance with a classification framework developed by the BBFC (British Board of Film Classification).

**Strict** – This is the safe setting for the whole family. This setting filters the same 18-rated content but also includes other content that is not suitable for younger children including un-moderated social networking sites, chat and dating sites

**Off** - With the **Off** setting you have access to the full internet, including 18-rated content.

If you try to access 18-rated content and Content Lock is not turned off, a blocking page will be displayed and you will need to complete a credit card age verification check using the online form to view the content.

### Change or manage your settings

#### In My Account

You can easily change the Content Lock settings yourself by logging into [My Account](#)\* – if you haven't registered yet for My Account, [get started](#) today.

- Click **Device & usage** in the menu then scroll down to Content Lock to change your settings.
- If you are the account holder you will be able to turn Content Lock off.

# Setting parental controls – online media

NETFLIX

Member Sign In

Start Your Free Month

[Help Center](#) > How do I set parental controls on my Netflix account?

## How do I set parental controls on my Netflix account?

You can control access to certain maturity levels of Netflix content from the [Your Account](#) page under [Manage Profiles](#). Parental control settings must be changed from a computer, and will apply to all devices currently attached to your Netflix account.

Netflix parental controls consist of 4 maturity levels:

- **Little Kids** - Watch movies and TV shows suitable for all ages.
- **Older Kids** - Watch movies and TV shows suitable for older kids.
- **Teens** - Watch movies and TV shows suitable for teens and older.
- **Adults** - Watch all movies and TV shows, including mature content.

You can set parental controls on individual profiles by clicking edit for the profile and then changing the parental control setting from the drop down. If you want to make a profile **kid-friendly** by default, click the checkbox "This is a profile for kids under 12" in the [Manage Profiles](#) section of your account. Profiles that are configured for kids under 12 are not able to connect to Facebook.

Take a look at the [television](#) or [movie](#) rating system to find more detailed information on how ratings are determined for your region.

[Click here](#) for information on how to set a PIN for parental controls in Germany.

[Back to Home](#)

amazon.co.uk

Graham's Amazon Today's Deals Gift Cards Sell Help

Join **amazonfamily** when you spe

Shop by Department

Search

All

Go

Hello, Graham Your Account

Try Prime

Amazon.co.uk Warehouse Deals Subscribe & Save Amazon Family Outlet Amazon Prime Mobile Apps Amazon Toolbar Amazon Instant

## Help & Customer Service

Search Help

< All Help Topics

### Watching Amazon Instant Video

Watch an Amazon Instant Video Title

About Prime Instant Video

About X-Ray for Movies & TV Shows

Access Your Video Library

Access Your Watchlist

Add a Video Title to Your Watchlist

### Set Parental Controls

About Parental Controls

Downloading Videos

Video Issues

### Quick Solutions

Track Packages or View Orders

Manage Your Payment Methods

Return or Replace Items

Change Name, Email, or Password

Manage Address Book

Manage Your Content and Devices

Kindle Help Community

General Help Community

Digital Services Help > Amazon Instant Video > Watching Amazon Instant Video

## Set Parental Controls

You can enable parental controls and set purchase restrictions for your registered Amazon Instant Video devices.

To set Amazon Instant Video parental controls:

1. Go to [Amazon Instant Video Settings and Devices](#).
2. Under **Parental Controls**, enter a 4-digit Amazon Instant Video PIN.
3. Go to the **Purchase Restrictions** section and turn on **PIN on Purchase** to require entry of your PIN for any video purchases.
4. Under **Viewing Restrictions**, you can choose to restrict playback for Amazon Instant Video content by ratings category. You can then select the device(s) to which you'd like to apply these viewing restrictions. Click **Save** to finish.

**Important:** Purchasing restrictions apply to all of your registered devices except Fire phone, Fire Tablets, Fire TV, Xbox, and Amazon Instant Video on Amazon.co.uk. These devices have their own parental controls or account authentication settings to restrict purchasing. For Fire phone, Fire TV, Fire Tablets, and Xbox consoles, you'll need to manage these settings directly on the device.

- To learn more about Purchasing Restrictions, go to [About Parental Controls](#).
- For more information about Fire phone parental controls, go to [Set Up Parental Controls](#).
- For more information about parental controls for Fire Tablets, go to [Kindle Support](#) and select your device.
- For more information about Xbox parental controls, go to [Xbox Support](#).

With these controls set, your PIN works to verify your video purchases and bypass any viewing restrictions you've set for your registered device(s).

# Any concerns

- Ceop (Child exploitation and online protection) on The School website.
- [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)
- <http://www.parentport.org.uk/>
- **Advice for different groups of people**
- <http://www.childnet.com/>
- <https://www.getsafeonline.org/safeguarding-children/>
- **Guides for parental controls**  
<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls>
- **Apps guide for parents**  
<http://www.internetmatters.org/>
- **Kidscape**  
[www.kidscape.co.uk](http://www.kidscape.co.uk)

